

## Pollution at Porthcurno

In the summer, Porthcurno is a very popular destination for both tourists and locals. We love to see lots of new faces, and we are so happy that people are enjoying the wildlife and coast!

Unfortunately, having lots of visitors means that Porthcurno struggles with pollution. We find lots of waste on the beach and footpaths from rubbish that visitors have not put in the bin.



Litter is unpleasant to look at and is dangerous for both wildlife and people. Plastics left in nature take thousands of years to biodegrade. In the meantime, they might be eaten by animals which can make them very sick. Metal and glass objects like disposable BBQs and broken bottles can hurt people and animals if stepped on. Even small bits of plastic that seem harmless can be washed out to sea and can end up in the food and water that we consume.



## What can we do?

Planet PK runs regular beach cleans with locals and visitors to help fight the pollution problem. For Plastic Free July and National Marine Week, we want to make posters to remind visitors to keep Porthcurno clean, to pick up their rubbish and take it home with them. With less litter, Porthcurno is more enjoyable for everyone!



One of the best ways to fight pollution is to start at home. Plastic Free July provides ideas for easy changes you can make, so we create less plastic waste:

- Buy loose produce – Avoid plastic wrapped fruits and vegetables. Food containers are one of the biggest contributors to plastic waste!
- Reusable cups and bottles – Use a reusable takeaway cup and/or water bottle when you're going out. These can be refilled and will reduce waste.
- Refill – Lots of household products like soap and washing up liquid are now offering plastic free refills. Keep an eye out for them on your next shopping trip and give it a go.
- Reusable shopping bags – Having some sturdy cloth shopping bags will save you money at the supermarket, they will also last longer than plastic bags.
- Reduce, reuse, recycle – Now that you've used these steps to cut down your waste, you can recycle any waste that's left - it can be made into something new!